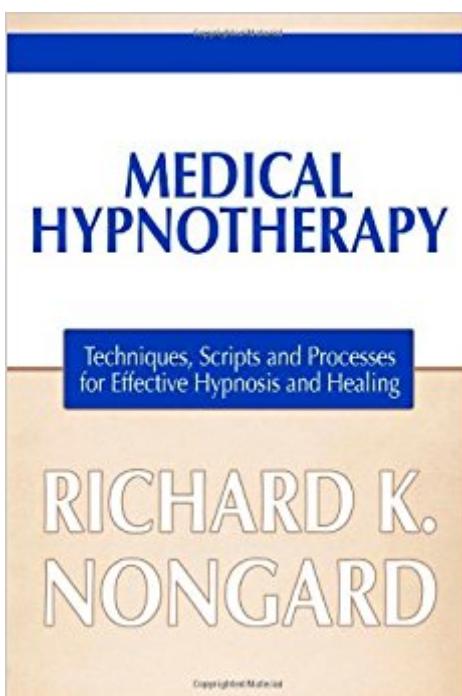


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# Medical Hypnotherapy: Techniques, Scripts And Processes For Effective Hypnosis And Healing



## **Synopsis**

Professional hypnosis is a first line intervention for many medical conditions and the research shows medical patients respond to hypnotic suggestion with health, healing and hope. This book is your guide to specific applications of hypnosis with a variety of medical conditions. Its purpose is to help you help others, by effectively providing solutions to support success in medical treatment and to promote healing through hypnosis. In this book you will learn: An eight-step process for pain control, How to integrate proven strategies, like Autogenic Training, into medical hypnosis, How to structure suggestions for medical conditions, Specific visualizations for cancer patients, How to utilize hypnotic phenomena, like time distortion, to help patients manage difficult medical procedures, Techniques for managing depression, fear and anxiety among medical patients, and How to market services to medical clients and build medical referrals Richard K. Nongard is a Certified Professional Hypnotist.

## **Book Information**

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## **Customer Reviews**

Loved this book and even used some of the information to help myself through surgery (please note I am a certified hypnotherapist).

Some good scripts here.

Great book for beginning practitioners. Easy to read and enjoyed very much the personal stories. I think it helps to normalize the use of hypnosis by a qualified licensed practitioner. The only change I would make is to use the word "hypnotherapist" rather than "hypnotist". It certainly has a different

connotation.I purchased this book from .

I'm not a hypnotherapist by trade, but I did find this book very useful as a source of ideas, that I used to create a couple new hypnosis scripts for myself and my family. I a few more planned, as well.

I have bought a number of books for my collections on hypnosis and psychology. Most are good enough to at least have a point of view and share that with me - so I think that it worth the read.

Good book, lots of good ideas. I have studied and used hypnosis on myself and family and clients for years. His format is such that you can read a page at a time, which I appreciate. He has some nice free sessions on YouTube too. I have several of his books.

A good medical book to get started with helping with hypnosis people who have medical problems. It is a great book for understanding how the mind can help the body heal.

Great reference and reframing ideas.

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